

September
2017

Office# (504) 278-7335
Web: www.sbcoa.org

Schedule is subject to change without notice
New Hours: 8:00 a.m. – 3:30 p.m.
Starting Tuesday September 5, 2017

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

All Day Birthday Celebration



Games, Prizes
And
Ice Cream
September 14, 2017
See Flyer



1
Blood Pressure
9:00a.m. – 11:30a.m.
DARTS
9:30a.m.-11:30a.m.
LUNCH
Bingo
1:00p.m. – 2:45p.m

2

3

4 Labor Day
Closed

5
Washer Pitch
9:30a.m. – 11:15a.m.
LUNCH
Bingo
12:45p.m.-2:30p.m

6
LCR
10:15.m. – 11:15a.m.
LUNCH
Movie
After Lunch

7
DARTS
9:30a.m.-11:15a.m.
LUNCH
Bingo
12:45p.m. – 2:30p.m

8
Bean Bag Baseball
9:30a.m.-11:15.m.
LUNCH
Bingo
12:45p.m.-2:30p.m

9

10

11
Bean Bag Baseball
9:30a.m.-11:15a.m.
LUNCH
Bingo
12:45p.m.-2:30p.m

12
Washer Pitch
9:30a.m. – 11:15a.m.
LUNCH
Bingo
12:45p.m.-2:30p.m

13
Eldergame
10:15a.m. – 11:15a.m.
LUNCH
Movie
After Lunch

14
**All Day
Birthday
Celebration**

15
Blood Pressure
9:00a.m.-11:15 a.m.
AGE
Zumba Gold
10:15a.m. – 11:15a.m.
LUNCH
Bingo
12:45p.m.-2:30p.m

16

17

18
Bean Bag Baseball
9:30a.m.-11:15a.m.
LUNCH
Bingo
12:45p.m.-2:30p.m

19
Washer Pitch
9:30a.m. – 11:15a.m.
LUNCH
Bingo
12:45p.m.-2:30.m

20
Floor Darts
10:15a.m. – 11:15a.m.
LUNCH
Movie
After Lunch

21
DARTS
9:30a.m.-11:15a.m.
LUNCH
Bingo
12:45p.m. – 2:30p.m

22
AGE
Line Dancing
Exercise
10:15a.m. – 11:15a.m.
LUNCH
Bingo
12:45p.m.-2:30p.m

23

24

25
Bean Bag Baseball
9:30a.m.-11:15a.m.
LUNCH
Bingo
12:45p.m.-2:30p.m

26
Washer Pitch
9:30a.m. – 11:15a.m.
LUNCH
Bingo
12:45p.m.-2:30p.m

27
Puck Slide
10:15a.m. – 11:15a.m.
LUNCH
Movie
After Lunch

28
DARTS
9:30a.m.-11:15a.m.
LUNCH
Bingo
12:45p.m. – 2:30p.m

29
Blood Pressure
9:00a.m.-11:15 a.m.
AGE
Zumba Gold
10:15a.m. – 11:15a.m.
LUNCH
Bingo
12:45p.m.-2:30p.m

30